



## MND Tasmania News January – February 2014

MND Tasmania  
PO Box 379, SANDY BAY, 7006  
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### Patron

Lady Sallie Ferrall

### Board

President: Joyce Schuringa  
Vice-President: Tim Hynes  
Treasurer: Dora Hugo  
Secretary: Michele Newton  
Public Officer: John Hughes OAM  
Northern Support Group: Mary Erickson  
Fundraising coordinator: Mary Erickson  
Libby Cohen

### Regional Advisor

Leanne Conway: [lconway@mnd.asn.au](mailto:lconway@mnd.asn.au) or  
telephone 1800 806 632.

### Support

Website: Shane Chugg

### Membership

MND Tasmania is a member of MND Australia with Tim Hynes serving on the MNDA Board. The MND Research Institute of Australia is part of MND Australia.  
MND Tasmania is a member of the Neuromuscular Alliance of Tasmania (NMAT).

### Support service

The MND Associations of Victoria and Tasmania work together to provide:

- Information and member support by telephone on 1800 806 632, Monday-Friday, 9 am - 5 pm.
- Referral to Tasmanian health & support services.
- Information, support and training for service providers for people with MND in Tasmania.
- Free membership of MND Victoria and MND Tasmania for people living with MND.
- Victorian Newsletter with Tasmanian News insert for members living in Tasmania.
- The Regional Advisor who provides needs-based support and assessment, home visits and refers members to appropriate support services as required.

### Freecall 1800 806 632

This number is at the MND Victoria office. To assist the volunteer receptionist, please say that you are from Tasmania. If you wish to speak to a Committee member or to Leanne Conway, you will be asked for your contact details. Your call will be returned by that person as soon as possible.

### New members

We welcome new members M. & J. Hill (S).

### Vale

We extend our sympathy to the family and friends of C. Mackie, D. Foster, M. Hamilton, J. O'Rourke and C. Banham Davy.

### Donations

Donations have been gratefully received in the memory of E.G. Jarrett, L. Sydes, C. Banham Davy, R.F. Dobner, H.Good and C. Gleeson.  
Donors in memory of Craig Gleeson included the Tasmanian Minerals and Energy Council.  
Eric Jarrett had desired to represent his country in the 'World Triathlon' in London in 2013, but this was halted following a rapid onset and progression of MND. \$2,250 was generously donated to MND Tasmania at his funeral in October.

Donations have also been received from M. Eldridge, J. Harris, The Island Wanderers, J. Bramich, M. House, M. Viney, Queechee High School staff and students, the Deloraine Lions Club, Cressy District High School Year 7/8 SRC from their cake raffles and K. Murray from her Burnie Walk.

MND Tasmania volunteers were invited to be present to collect donations after The Seekers Concerts in Hobart and Launceston in November, and we were grateful to receive \$618 in Hobart and \$754 in Launceston.

### Annual General Meeting

The Annual General Meeting is planned for **SUNDAY 2 March 2014**. All members and others who are supportive of people with MND in Tasmania are invited to attend.

**When: Sunday 2 March at 2 pm**

**Where: Kings Meadows Community Health Centre  
Joan Marshall Wing, 22 McHugh Street  
Kings Meadows 7249**

**New Constitution:** The Agenda will include a resolution for a new Constitution. The Board has revised the current Constitution which was initially adopted in 1986 with the last amendments dated 1995. Members will be sent a copy of the proposed new Constitution and proxy forms for voting during February 2014.

**Nominations for the Board:** The term of office for Board members is one year. Board members are nominated and elected at the AGM.

If you are unable to attend the AGM and would like to nominate or be nominated for a place on the Committee, please contact Joyce Schuringa at phone 1800 806 632 (message) or at [info@mndatas.asn.au](mailto:info@mndatas.asn.au)

### Regional Advisor's Report

Hello everyone. A belated Happy New Year to you all.

I have just returned from visiting clients in the North and North West areas, and very grateful I was in Tasmania whilst Melbourne suffered through their heatwave.

During my stay, I met with thirteen clients, five health professional organisations and provided an information session at a care facility. It was a great opportunity to meet with clients I had not met before, and to get to know the health professionals who provide such good care.

I also managed a little bit of sightseeing, having dinner at Seaport and then strolling around Cataract Gorge. I spent a lovely evening with MND Tasmania board member, Libby Cohen, her family and friends picnicking by the river.

My next visit will be in February and will be to our clients and health professionals in the South. I am looking forward to it.

Please do not hesitate to contact me should you need anything. My telephone number is 1800 806 632 and my email address is [iconway@mnd.asn.au](mailto:iconway@mnd.asn.au).

Until next time,  
**Leanne Conway**  
**MND Regional Advisor**

### MND Week: 4 – 10 May 2014

Permission has been received from Tasmania Police for our Charitable Collection Day on Wednesday 7 May.

The success of our raising the profile of MND and raising funds in Tasmania associated with the annual Awareness Week depends on a team of volunteers.

There are committed people who have faithfully worked hard to contribute to this cause every year. Please look for Mary Erickson's notes in the next *MND Tasmania News* in April for information on how you can help.

### Bunnings BBQ

Another **Sausage Sizzle Fundraiser** is planned for MND Week.

**When: Saturday 10 May from 8.30 am - 4 pm.**  
**Where: Bunnings Launceston, 2/90 Connector Park Drive, Kings Meadows, 7249**

Please come along to support MND Tasmania. Have a good time, cook some snags, meet new people and help raise awareness and funds for MND.

If you would like to help and can spare some time, please contact Mary on 0438 523 382.

**Mary Erickson**  
**Fundraising Coordinator**

### Northern Support Group

The contact person for this group is Mary Erickson who may be contacted on 1800 806 632 (message).

Meetings are held on the last Monday of each month at 11am – 1pm at:

**Ravenswood Community Health Centre**  
**39 – 41 Lambert Street, Ravenswood**  
(Launceston)

**Dates:** February 24, March 31, April 28, May 26, June 30, July 28, August 25, September 29, October 27 and November 24 (Christmas Party).

### Christmas Party 2013

The Northern Support Group hosted our Annual Christmas Party on November 25. It was a jolly occasion at the Ravenswood Community Centre. Santa came along with gifts we had a lot of fun!



**Mary Erickson**  
**Northern Support Group Coordinator**

## **Fundraising**

### **Queechy High School**

On 31 October, the school held a 'MND Blue Day' with sales of Blue cakes and milkshakes, and Blue Cornflower pens, wristbands and flowers. Students had Blue hair and clothes and teachers wore Blue face paint and clothes.

It was an awesome event and a generous donation was given to MND Tasmania. Special thanks are warranted for the contributions of Taylor and Shandel Warde, Ms Bennett and the Student Leadership Board of 2013.

### **Deloraine Lions**

On 3 December, I had the pleasure of addressing the Deloraine Lions Club on behalf of MND Tasmania. There was a lot of interest and interaction and I received a generous donation for people living with MND in Tasmania. I would like to thank Kerri Howe and all of the club members for making me feel very welcome.

As reported in the November-December 2013 MND Newsletter, all **Lions in Tasmania** have been fundraising for MND and plan to donate the total funds raised to the Association during MND Week.

**Mary Erickson**  
**Fundraising Coordinator**