



## Equipment to help at home

See a display of equipment and talk to an occupational therapist about, e.g. —

- useful products to help you eat, drink and cook
- items to make dressing easier
- information about staying independent as you get older

If you have difficulty doing everyday activities you could benefit from seeing this display. Other equipment can be brought on request. Contact ILC Tas before the visit.

An occupational therapist from ILC Tas will have a display of assistive equipment at a 2018 Expo:

### ‘Health & Wellbeing’ Expo in Ulverstone

This is an initiative of Rotary Club of Ulverstone West, and will be held at:

**Gnomon Pavilion and River Room,  
Wharf Precinct of Ulverstone**

**Friday 19th October 2018**

**10 am – 3 pm**

**Clear, practical advice on daily living equipment**

Any questions?  
Ph: ILC Tas on  
1300 885 886



ILC Tas (Independent Living Centre, Tasmania) is an information and advisory service about assistive equipment. We have Occupational Therapists available to answer questions. Appointments preferred please. We do not sell equipment.

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